WALFORD THUNDER BAY

An Oxford Living Retirement Residence

## LIFE IS BETTER HERE.





### WHY OXFORD LIVING?

Life Is Better Here. With spacious and bright apartment-like suites, delicious meals and snacks, engaging social activities and our focus on whole person health, your life in an Oxford community is truly better. Our care services programs provide our residents the assistance and support they need.

Our retirement communities are situated across Ontario and offer independent supportive living, assisted living and respite care services. Oxford Living communities are comfortable, affordable and dependable.

Make an Oxford Living community your new home today.

### A RESIDENCE AS VIBRANT AS YOU ARE

Walford Thunder Bay is a two storey home that provides a warm and welcoming atmosphere with tenured, experienced and caring staff. Our residence is a perfect match for active seniors, living and enjoying independent lifestyles.

#### SUITE OPTIONS

- Choose from spacious studio and 1-bedroom independent living suites.
- Modern suites, including large windows & optional in-suite kitchenettes.
- Pets are welcome, too.

#### THINGS TO ENJOY

- Enjoy gourmet fare prepared fresh daily in our bright and inviting, full-service dining room & café.
- Receive the royal treatment at our hair salon and barbershop.
- Relax with friends in our outdoor courtyard.

#### HEALTH AND WELLNESS

- Receive personalized care with nursing services and visiting nurse practitioner.
- Keep active with our fitness and wellness programs.

# WHAT'S NEARBY

### WHAT'S THE **NEIGHBOURHOOD LIKE?**

Walford Thunder Bay is tucked away in a quiet and lush residential neighbourhood in the heart of Thunder Bay.





TIM HORTON'S 1.1 km





METRO/WALMART 1.1 km/2 km



PHARMACY 1.4 km

SHOPPING MALL 5 km



GAS STATION 1.1 km

HOSPITAL

HOSPII 2.8 km

## DINING

### **GREAT FOOD - GREAT SERVICE.**

With plenty of choice and made fresh daily, our food is nutritious and delicious – and served up with a smile. That's what good taste is all about.

Fresh food is best, especially when it's cooked up by our culinary experts. Our seasonal, locally inspired menus offer great flavour and variety. It's food that's good, and good for you.

And beyond the great food, you'll love the opportunity to socialize with friends in our lovely dining room.

## RECREATION

### DO MORE OF WHAT YOU LOVE

With a full range of physical activities, learning programs and social functions filling our calendar, each day can be as busy or as relaxed as you choose it to be. At Walford Thunder Bay, you have the opportunity to stay physically, mentally and spiritually active in a warm and welcoming environment.



## CARE SERVICES

#### IT'S NOT ABOUT THE CHART IT'S ABOUT THE PERSON

EVERY STORY IS DIFFERENT. WHAT'S YOURS?

You have your own wants and needs. We take the time to learn about them from the person who knows them best – you. We're your partner in health and wellness. Together, we'll come up with a personalized health and wellness plan designed just for you. We'll sit down and have a talk about your goals and how we can help you reach them, both now and in the future. You and your loved ones will be rest assured, knowing that our experienced and dedicated staff are there to help you be your best, now and tomorrow.



### THERE'S EVEN MORE TO EXPLORE

We're excited to show you what makes us different, and to learn what makes you unique. Because attention to detail and a personal relationship is what it all comes down to. Otherwise, it's not home. For you or for us.

Just as every resident is unique, the same goes for our overall approach to retirement residences. We encourage you to explore other Oxford Living locations to see what might work best for you.

oxfordliving.ca

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