



An Oxford Living
Retirement Residence



LIFE IS BETTER HERE.

Oxford
Living



WHY OXFORD LIVING?

Life Is Better Here. With spacious and bright apartment-like suites, delicious meals and snacks, engaging social activities and our focus on whole person health, your life in an Oxford community is truly better. Our care services programs provide our residents the assistance and support they need.

Our retirement communities are situated across Ontario and offer independent supportive living, assisted living and respite care services. Oxford Living communities are comfortable, affordable and dependable.

Make an Oxford Living community your new home today.



A RESIDENCE AS VIBRANT AS YOU ARE

Warm and intimate, Highland Place is a bungalow-style residence and has been home to independent seniors since 1988. Here, it's about personalized health and wellness, gourmet food and a community atmosphere.

SUITE OPTIONS

- Spacious studio and 1-bedroom independent living suites.
- Modern suites, including large bay windows and optional in-suite kitchenettes, plus other à la carte services.
- Pets are welcome, too.

THINGS TO ENJOY

- Enjoy gourmet fare prepared fresh daily in our bright and inviting, full-service dining room and café.
- Receive the royal treatment at our hair salon and barbershop.
- Explore your interests in our art studio, hobby kitchen & library.
- Relax with friends in our fireside lounge, games room, outdoor garden and courtyard.
- Hop into town with easy accessible transportation options.
- Treat yourself at our on-site tuck shop.

HEALTH AND WELLNESS

- Receive personalized care with 24/7 nursing & visiting doctor.
- Keep active with our fitness and wellness programs, including tai chi and aerobics classes to be enjoyed in our fitness centre.

WHAT'S NEARBY

WHAT'S THE NEIGHBOURHOOD LIKE?

Tucked into the mature residential Forest Hills community, Highland Place is convenient and quiet, with nearby shopping, parks and other amenities.



BUS STOP
0.1 km



COFFEE SHOP
0.3 km



SHOPPING MALL
0.3 km



BANK
0.5 km



PARK
0.3 km



GROCERY STORE
0.3 km



HOSPITAL
1.9 km



PHARMACY
0.3 km

DINING

THE FOOD'S GREAT. AND SO IS THE SERVICE.

Fresh ingredients. Meals made from scratch. Plenty of choice. Made fresh daily, our food is nutritious and delicious – and served up with a smile. That's what good taste is all about.

GOOD FOOD, GREAT COMPANY

Eating is one of life's greatest joys. But it's more than good food. Here, it's about sharing a moment with friends, and receiving the royal treatment from our team of professional servers.

WHERE TO EAT TODAY?

Fresh food is best, especially when it's cooked up by our culinary experts. Our seasonal, locally inspired menus offer great flavour and variety. It's food that's good, and good for you.

RECREATION

DO MORE OF WHAT YOU LOVE AND LESS OF WHAT YOU DON'T.

Life is all about balance, and how you spend your time has a big impact on your happiness. Whether it's physical benefits of staying active, or the mental boost from feeling intellectually and emotionally stimulated, an active life is a healthy one.

That's why our recreational programs are focused on providing a holistic approach to your overall well-being, so you can do the things you love every day and lead a full, enriched life.





CARE SERVICES

IT'S NOT ABOUT THE CHART IT'S ABOUT THE PERSON

You feel good when you feel like yourself. That's the foundation of health and wellness. It's personal, and we're here to help make it happen.

EVERY STORY IS DIFFERENT. WHAT'S YOURS?

You have your own wants and needs. We take the time to learn about them from the person who knows them best – you. Rather than making decisions for you, we're your partner in health and wellness. Together, we'll come up with a personalized health and wellness plan designed just for you. We'll sit down and have a talk about your goals and how we can help you reach them, both now and in the future.

Health and wellness are two of life's essentials. It is all about making you feel your best, now and tomorrow. So you can keep being you.



THERE'S EVEN MORE TO EXPLORE

We're excited to show you what makes us different, and to learn what makes you unique. Because attention to detail and a personal relationship is what it all comes down to. Otherwise, it's not home. For you or for us.

Just as every resident is unique, the same goes for our overall approach to retirement residences. We encourage you to explore other Oxford Living locations to see what might work best for you.

oxfordliving.ca

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